In an effort to create consistency among schools and strike a balance between parents who feel there are too many school parties and those that delight in school celebrations, the following nutrition guidelines go into effect September 2013.

# New Nutrition Guidelines Effective September 2013/REVISED November 2019

Each class is permitted 5 classroom/school wide parties:

Any additional food related celebrations must receive prior approval from the principal

## **During EACH Party Celebration ONLY the following items are allowed:**



1. To drink: ONLY WATER



2. ONE sweet treat off the district approved list (brought by ONE parent)



3. ONE savory treat (pretzel, goldfish or popcorn) (brought by ONE parent)



4. ONE fruit or vegetable platter (brought by ONE parent)

No other celebrations or rewards for the class can involve food.

#### **Warren Township Schools**

### Effective September 2013/REVISED November 2019

## Approved Foods for School Wide/Classroom Celebrations and Parties

Homemade items made from scratch are welcomed as long as they are limited to <u>cookies</u>, <u>brownies</u>, <u>cupcakes</u>, <u>muffins or rice krispie treats</u>. *Please avoid nut ingredients in baking*. If using a boxed baking product, please check the ingredient label for allergens ( peanut, tree nuts, seeds, etc). <u>Boxes and containers of ALL ingredients must be brought in along with food. \*\*\*Please continue to check ingredients on all labels as they are subject to change. Include all ingredient lists with food whether store bought or homemade. Foods should be brought to Main Office by 10 am.</u>

## Cake Mix, Brownie Mix, Muffin Mix and Frosting:

Betty Crocker

Pillsbury (EXCEPT the refrigerated premade batter i.e. slice and bake)

School Safe brand

#### NO COOKIE CAKES ALLOWED

### **Donuts:**

Entenmann's- Little Bites and small donuts: glazed, chocolate, powdered

#### NO DUNKIN DONUTS ALLOWED

## **Cookies:**

Chips Ahoy- Chocolate Chip

Oreos (regular, golden, or minis)

Hershey chocolate chips (NOT Tollhouse or Ghirardelli)

Barnum Animal Crackers

#### **Fruits/vegetables:**

Fresh Fruit & Vegetables (cucumber, carrots, celery,etc)

Pudding Snacks (Jell-O brand) Kellogg's brand Rice Krispie Treats (original)

Ice Pops Shoprite Pretzels

Philly Swirls (gluten, nut, dairy free) Goldfish crackers

Breyer's Vanilla or Chocolate Ice Cream Skinny Pop & Smart Pop Popcorn

Parents of students with food allergies or food intolerances may bring in a separate supply of snacks for their child as needed for classroom celebrations.